



The International School of Minnesota

Member of the SABIS® School Network

Winter 2011-2012 Sports Offerings



All photos courtesy of Jeff Dreke

Dear Students, Parents, and Guardians;

As the fall sports season starts to wind down, it is time to get excited about the long Minnesota winter and the sport that comes with it here at ISM: Basketball!

If you are interested in signing up for basketball, please read all of the information carefully before committing to the team. All athletes must complete pages 5 and 6 of this form. Students in grades 7-12 must complete pages 14 and 15 (once per year). You will not be allowed to practice or compete until all required forms are completed and returned to the athletic director.

We will have two registration periods this winter.

Early Registration: Now – November 1
Late Registration: November 2 – November 14

Late registration will only be accepted if there is room on the team.

A \$50 credit will be issued to those who register during the early registration period.

Registering early also helps us do our jobs better by allowing us to better gauge our numbers so we can make adjustments where needed.

We will have a WINTER SPORTS MEETING on Tuesday, November 1 from 7:00-8:30PM. We will talk about the upcoming season as a big group and then coaches will break out with their respective teams and there will be team meetings to discuss practice schedules, game schedules, and other organizational items.

Our goal is to teach life skills through athletics just as we do through academics. COMMITMENT and RESPONSIBILITY are two of the biggest values we teach. COMMITMENT to the team is an important aspect of athletics. We ask each parent and student to consider where athletics fall into the life of the student athlete and to be ready to fulfill their commitment to the team. It is the RESPONSIBILITY of the student athlete to inform their coach when they will miss a practice or game. Student athletes are also RESPONSIBLE for their work in the classroom and behavior on and off the field. Students who are not COMMITTED and RESPONSIBLE will be held accountable.

Please remember your athlete's schedule when filling out the registration form to avoid conflicts. **Your account will be billed. Do not send payment with the registration form.**

Cancellation Policy: Because we make a commitment to our coaches and leagues, you are obligated to the activity you sign up for unless it is cancelled. Please choose wisely!

We strongly encourage all families to become involved in the Husky Booster Club. If you have a student athlete at ISM, your contributions of time and effort are necessary to maximize our kids' experience in sports. The Husky Booster Club plays an active role in the success of ISM athletics. In order to have more home games, we will require more volunteers. Please contact the Athletic Director or Julie Dreke (jldreke@msn.com) to find out how you can contribute to the success of Husky Athletics.

GO HUSKIES!

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Guidelines for Student Participation in Extracurricular Activities

ISM athletics support the philosophy that the playing field is an extension of the classroom where we utilize athletics to learn life skills. To that affect our participants are truly student athletes.

- The following information is taken from the ISM Student Handbook:
Students must be making satisfactory progress towards meeting The School's requirements for graduation.
- All students participating in Minnesota State High School League (MSHSL) activities are governed by MSHSL rules and regulations.
- Students who receive a failing grade at the end of any term must write and follow an academic plan set in conjunction with the SMC, the AQC (6-12) or Guidance Counselor (9-12), and parents, to include tutor sessions, which will allow them to spend the proper amount of time studying to ensure academic success.
- As long as sufficient effort and progress, **as determined by The School**, is being realized, the student may participate in extracurricular activities.
- If a student should fail a course in two consecutive terms, the student will not be allowed to participate in extracurricular activities. The SMC and the AQC will work with the student and family to determine an appropriate course of action.
- By definition extracurricular activities include **all** school sponsored events and activities, fee based or otherwise.

Winter Registration Form

Turn in to Athletic Director / ISM Front Office

By: Early Registration: November 1

Late Registration: November 14

PLEASE PRINT LEGIBLY OR TYPE

Student Name: _____ Grade: _____ Date: _____

Parent/Guardian Name: _____

Parent/Guardian Home/Work Phone # : _____

Parent/Guardian Email: _____

Parent/Guardian Signature: _____

<u>Sport Choices (check one)</u>	<u>Fee (Applicable for ISM only)</u>
<input type="radio"/> High School Boys Basketball	Early: \$335; Late: \$385
<input type="radio"/> High School Girls Basketball	Early: \$335; Late: \$385
<input type="radio"/> 6-8 Grade Boys Basketball	Early: \$335; Late: \$385
<input type="radio"/> 6-8 Grade Girls Basketball	Early: \$335; Late: \$385
<input type="radio"/> 4-5 Grade Boys Basketball	Early: \$335; Late: \$385
<input type="radio"/> 4-5 Grade Girls Basketball	Early: \$335; Late: \$385
<input type="radio"/> 2-3 Grade Co-Ed Basketball	Early: \$230; Late: \$280

The International School of Minnesota Athletic Commitment

Individual and team success in sports results from commitment. The extent to which young athletes are able to make such commitments reflects their maturity as well as their dedication to family, friends, school, and team. Your school and coach already have made a similar kind of commitment. For these reasons, we ask you to read and agree to the following:

As an athlete in my school, I promise:

- To be a worthy representative of my teammates and coaches, abiding by school and community expectations and reflecting my team's values of commitment and hard work.
- To reflect the knowledge that a commitment to victory is nothing without the commitment to hard work in practice.
- To attend every practice unless excused by my coach.
- To understand that my future as a responsible adult relates more to my academic than my athletic activities.
- To find the time to satisfy my family relationships and responsibilities
- To accept the responsibilities of team membership: cooperation, support of my teammates, share responsibilities, positive interaction, and mutual respect.

Cooperation among coaches, athletes, parents, and school personnel is essential if students are to realize the values of athletic participation. Like coaches and athletes, parents must make commitments to the athletic program to assure such cooperation. We ask that you read the following and, as needed, discuss your reactions with your child's coach or Athletic Director.

As the parent of an athlete in this school, I promise:

- To provide the coach with any information on physical limitations.
- To work closely with all school personnel to assure an appropriate academic as well as athletic experience for my child.
- To assure that my child will attend all scheduled practices and athletic contests.
- To acknowledge the ultimate authority of the coach to determine strategy and player selection.
- To promote mature behavior from students and parents during athletic contests.

I have read the above statements and promise to live up to them:

Student Name _____ Grade _____

Student Signature _____ Date _____

Bill my account. Yes____ No _____

I have read and understand the ISM Athletic Handbook. Yes____ No _____

My child has a current physical on file at ISM. Yes____ No _____

I am willing to volunteer at athletic events. Yes____ No _____

Parent/Guardian Name _____

Parent/Guardian Signature _____

Home # _____

Work # _____

Cell # _____

Email _____

The following is information from the Minnesota State High School League (MSHSL) regarding eligibility. All Student Athletes in grades 7-12 and their parents must read and sign one form per year. Return this form with your registration. You cannot practice or play without this form on file with the Athletic Director. Please contact the Athletic Director if you have any questions or concerns.



2010-2011

ATHLETIC ELIGIBILITY BROCHURE

Students: Your participation in high school activities is dependent on your eligibility. PROTECT that eligibility by reviewing with your parent(s)/guardian(s) this summary of Minnesota State High School League rules which govern your participation. Complete regulations are found in the MSHSL Official Handbook which is available at each member high school and which is also posted on the MSHSL Web site: www.mshsl.org. Please keep this brochure for reference, and if there is a question about any rule interpretation, **CONTACT YOUR SCHOOL PRINCIPAL OR ATHLETIC/ACTIVITIES DIRECTOR.**

I understand that once I sign the eligibility statement all eligibility rules apply:

- Twelve (12) months of the year;
- Whether I am currently participating or not;
- Continuously from the first signing of the statement.

Parents/Guardians: REVIEW the following rules with your son or daughter. Your role in stressing the value of following these rules cannot be overstated.

Checklist for Student Eligibility (If you cannot check all 11 items, see your athletic/activities director or principal)

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| <p>_____ 1. Making academic progress toward graduation.</p> <p>_____ 2. Will not have turned 20 before the start of the season in which I participate.</p> <p>_____ 3. Physical exam within the last three (3) years on file with the school.</p> <p>_____ 4. Have not transferred schools.</p> <p>_____ 5. Will not play more than four (4) seasons in any sport in grades 9-12.</p> <p>_____ 6. Have not dropped out of school or repeated a grade while in high school.</p> <p>_____ 7. Have not accepted cash in any amount or merchandise valued at more than \$100 for participating in a sport.</p> | <p>_____ 8. Have not and will not compete in non-school events in my sport after reporting for the school team.</p> <p>_____ 9. Have not and will not use or possess tobacco or alcoholic beverages, use, consume, have in possession, buy, sell or give away any other controlled substance, including steroids.</p> <p>_____ 10. Have not and will not violate the racial/religious/sexual harassment/violence/and hazing bylaws of the MSHSL.</p> <p>_____ 11. I agree to fully cooperate in any investigation honestly and truthfully.</p> |
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INFORMED CONSENT: By its nature, participation in interscholastic athletics includes risk of injury and the transmission of infectious diseases such as HIV, Hepatitis B, herpes and others. Although serious injuries are not common and the risk of HIV transmission is almost nonexistent in supervised school athletic programs, it is impossible to eliminate all risk. Participants have the responsibility to help reduce that risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

GENERAL RULES

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| <p>1. *ACADEMIC — (Credit Requirement) To be eligible, a student must be making satisfactory progress toward the school’s requirement for graduation.</p> <p>2. *AGE — A student representing a member school in League activities shall be under 20 years of age at the start of the season. If, however, a student has started a season, the student will be permitted to complete that season after reaching the student’s 20th birthday. Adapted athletes are eligible to participate until their 22nd birthday provided they meet all other eligibility requirements.</p> <p>3. FOREIGN EXCHANGE STUDENTS — Approved Foreign Exchange Students are limited to 1 calendar year of high school eligibility</p> | <p>beginning with their 1st date of enrollment and attendance.</p> <p>INTERNATIONAL STUDENTS – students not participating in a CSJET approved foreign exchange program are eligible only at the B-squad or JV level for one calendar year.</p> <p>4. AMATEUR — A student must be an amateur in that sport. A student may not receive cash or merchandise for athletic participation. A student does not lose her/his amateur status because of reimbursement for officiating, instructing, teaching or coaching a sport.</p> <p>5. ATHLETIC CAMPS AND CLINICS —</p> <p>A. School Year: Students may attend athletic camps and clinics</p> |
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which have been approved by their high school principal.

B. Summer Vacation Period: Non-school specialized athletic camps and clinics do not require approval.

1. The non-school sponsored camp or clinic fee must be provided by the student or the student's parent(s) or guardian, unless other arrangements are approved by the Board of Directors.
2. A student may attend a camp or clinic where a member of the school's coaching staff (sophomore, B-Squad, junior varsity or varsity) in that sport owns, administers, directs, organizes, or serves as an instructor or is a staff member during the student's attendance.

C. Penalty:

1. First Violation: After confirmation of the first violation, the student shall lose eligibility in that sport for the next two (2) consecutive interscholastic contests or two (2) weeks of that season, whichever is greater. If there are fewer than two (2) events remaining in that sport, the loss of eligibility will continue into the next season in that sport. Note: This means that a senior who violates the bylaws at the end of one sport season will lose eligibility for two (2) games in the next sport season in which the student participates.
2. Second Violation: After confirmation of the second violation, the student shall lose eligibility in that sport for the next six (6) consecutive interscholastic contests or three (3) weeks, whichever is greater.
3. Third Violation: After confirmation of the third or subsequent violations, the student shall lose eligibility in that sport for the next twelve (12) consecutive interscholastic contests or four (4) weeks, whichever is greater.

6. PROGRESSIVE AND CONSECUTIVE PENALTIES: Penalties shall be progressive and consecutive beginning with the student's first participation in a League activity and continuing through the student's high school career.

7. AMATEUR STATUS AND AWARDS BYLAW — Acceptable awards to students in recognition of participation in high school activities include medals, ribbons, letters, trophies, plaques and other items of little or no intrinsic value (\$100.00 or less). Violation will render a student ineligible for participation in that activity.

8. COLLEGE/UNIVERSITY TEAMS — Individuals who have participated with a college or university team are ineligible for participation in any activity of the League.

9. FAIR HEARING PROCEDURE — The League Constitution provides a Fair Hearing Procedure for the student or parent contesting a school's determination of ineligibility for a student. **The student has 10 calendar days in which to appeal the school's decision.** The appeals process includes an appeal before a hearing panel at

the school and the right, if desired, to appeal that decision to the League's Board of Directors. An independent hearing examiner will hear the appeal and make written findings of fact, conclusions and a recommendation for the Board of Directors following the hearing. The Board's decision shall be final. A complete listing of the Fair Hearing Procedure may be obtained from the athletic director or principal of the high school or on Web at www.mshsl.org in the Publications section.

10. *ENROLLMENT, ATTENDANCE, AND REQUIRED SUBJECT LOAD — Students must be fully enrolled in (as defined by the Minnesota Department of Education) and attending the school before they are eligible to represent that school in MSHSL sponsored activities. Students must be properly registered, attending school and classes regularly, and enrolled in the required number of credits to graduate in four (4) years after first entering the 9th grade.

11. *GENERAL ELIGIBILITY — In order to be eligible for regular season and MSHSL tournament competition, a student must be fully enrolled as defined by the Minnesota Department of Education and a bona fide member of his or her high school in good standing. A student who is under penalty of exclusion, expulsion or suspension, whose character or conduct violates the Student Code of Responsibilities and is not in good standing, shall be ineligible for a period of time as determined by the principal.

Student Code of Responsibilities

As a student participating in my school's interscholastic activities, I understand and accept the following responsibilities:

1. I will respect the rights and beliefs of others and will treat others with courtesy and consideration.

2. I will be fully responsible for my own actions and the consequences of my actions

3. I will respect the property of others.

4. I will respect and obey the rules of my school and the laws of my community, state and country.

5. I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

A student ejected from a contest shall be ineligible for the next regularly scheduled game or meet at that level of competition and all other games or meets in the interim at any level of competition, for the first ejection. All subsequent ejections shall result in ineligibility for four (4) regularly scheduled games or meets.

12. *GRADUATE — A student shall not be a graduate of a high school or any secondary school. This includes foreign exchange students and international students.

13. LAST DATE TO JOIN A TEAM — To be eligible for section and state competition, a student must be a member of that school's team not later than the fourth Monday from the official start of that sport season. Gymnasts must be on the school's team not later

than the third Monday from the official start of that season. When a sport season begins on a Monday, that day shall be counted as the first Monday.

14. NON-SCHOOL COMPETITION AND TRAINING FOR TEAM AND INDIVIDUAL SPORTS —

- A. **During the High School Season:** During the high school season a student may not participate as a member of a team or as an individual competitor in non-school sponsored games, meets, tournaments or contests, in the same sport. *Participation defined: practice, training, tryouts, scrimmaging and competing. Season Defined: The high school season shall run from the first date that practice may begin until the team is eliminated in MSHSL tournament competition.* Baseball, Softball and Skiing are exceptions to this rule.

Exception: Non-School Training During the High School Season for Athletes Who Qualify as Individual competitors to the State Tournament: (Swimming, Cross Country, Tennis, Skiing, Gymnastics, Wrestling, Synchronize Swimming, Golf, and Track and Field)

Lessons/Training: During the MSHSL high school season athletes may take lessons from professionals and other non-school coaches without limit as to where, when or who may provide the training. Athletes may not miss a high school practice, game, or meet to take a lesson or train for a non-school event. Athletes may take lessons and or train with a non-school team/club during the high school season in the same sport.

Competition: Athletes will be able to compete in non-school events/competitions that do not match the events in which athletes currently compete in high school competition.

Exception: Summer Vacation Period — Students may participate in non-school competitions, meets, games, tournaments in the same sport they currently play at the high school level during the summer vacation period. *See definition of summer vacation below: 14.C.*

Summer Coaching waiver: If a student participates on a team coached by a member of the high school coaching staff, coaching contact shall end on July 31 unless a conditional extension to the summer waiver is granted by the school's athletic director.

Students may take private lessons during the MSHSL season.

- B. **During the School Year, Prior To and Following the High School Sports Season:** A student may participate in contests, meets or tournaments as an individual competitor or as a member of a non-school team provided that these activities are voluntary and not influenced or directed by a salaried or non-salaried member of the student's sophomore, B-squad, junior varsity or varsity high school coaching staff.

1. A student may not use any type of high school uniform.
2. A student may not receive coaching or training from a salaried or non-salaried member of the student's sophomore, B-squad, junior varsity or varsity high school coaching staff in that sport. Power skating, tennis, gymnastics, and indoor soccer are included in this limitation.
3. A student may receive training through private lessons from a person who is not a salaried or non-salaried member of the student's sophomore, B-squad, junior varsity or varsity high school coaching staff in that sport.
4. A student's fee for non-school coaching or training must be provided by the student or the student's parent(s) or guardian(s) unless approved by the Board of Directors.

C. **Summer Vacation Period:**

A student may compete as an individual or as a member of a nonschool team even though competing on a high school team in the same sport. *Summer shall be defined as June 1 through Labor Day. Summer for the sport of soccer shall be defined as June 1 through Sunday immediately preceding the official starting date of the MSHSL high school soccer season. Note: Students may participate in activities during the summer, as defined above, even though their high school sport season in the same sport has begun. For example, students may play in a non-school tennis tournament while a member of the high school team or participate in road races while a member of the cross country team through Labor Day. Soccer is excluded from dual participation as defined above.*

D. **Penalty:**

1. **First Violation:** After confirmation of the first violation, the student shall lose eligibility in that sport for the next two (2) consecutive interscholastic contests or two (2) weeks of that season, whichever is greater. If there are fewer than two (2) events remaining in that sport, the loss of eligibility will continue into the next season in that sport. **Note:** This means that a senior who violates the bylaws at the end of one sport season will lose eligibility for two (2) games in the next sport season in which the student participates.
2. **Second Violation:** After confirmation of the second violation, the student shall lose eligibility in that sport for the next six (6) consecutive interscholastic contests or three (3) weeks, whichever is greater.
3. **Third Violation:** After confirmation of the third or subsequent violations, the student shall lose eligibility in that sport for the next twelve (12) consecutive interscholastic contests or four (4) weeks, whichever is greater.
4. Penalties are progressive and consecutive.

E. Special Considerations:

1. National Teams and Olympic Development Programs —
The MSHSL may permit participation by high school students on bona fide national teams or in Olympic development programs if:
 - a. The program is approved and supported by the national governing body of the sport or if there is an Olympic development program of training and competition.
 - b. Directly funded by a national governing body on a national level.
 - c. Authorized by a national governing body for athletes having potential for future national team participation.

Students who are invited to participate on National Teams or in Olympic Development Programs must contact their high school principal to obtain an application form. This must be completed at least thirty (30) days prior to participation.

2. During the school year, students who participate for their school in a sport may participate through training, try-out or competition on a National Team or in a United States Olympic Development Program provided the student receives an individual invitation from the United States Olympic Committee or the United States National Governing Body on the national level for that sport.
3. Students who have completed their eligibility in a sport are exempt from the non-school competition and training rules in that sport.

15. *PHYSICAL EXAMINATION AND PARENTS PERMIT — Any student who intends to participate in high school interscholastic athletics and cheerleading activities must have on file in the school, a record of a physical examination performed within the previous three (3) years. A health questionnaire shall be completed annually and could indicate the need for a physical examination prior to participation. The signature of the parent or guardian approving participation is required.

16. *SEASONS OF PARTICIPATION — No student may participate in more than four (4) seasons in any sport while enrolled in grades 9-12, semesters 1-8 inclusive.

17. *SEMESTERS IN HIGH SCHOOL — A student shall not participate in an interscholastic contest after the student's eighth semester in grades 9-12 inclusive. All eight semesters shall be consecutive, beginning in the 9th grade. The attendance of 15 days or more in one semester or participation in a practice or contest will count as a semester in administering this standard.

18. JUNIOR HIGH PARTICIPATION — Participation in high school interscholastic programs is limited to students in grades 7-12 inclusive. Students in grade 7, 8 and 9 may participate if enrolled in the regular continuation school for the educational unit and if all

other eligibility requirements of the League have been met. Elementary students in grades 1-6 are not eligible for participation in any MSHSL-sponsored activity; B-squad, junior varsity or varsity level.

19. TRANSFER RULE — Bylaw 111

- A. A transfer student is eligible for varsity competition provided the student was in good standing on the date of withdrawal from the last school the student attended and one (1) of the provisions in Section B (below) is met.
- B. A transfer student is eligible for varsity competition if:
 1. 9th Grade Option: The student is enrolling in 9th grade for the first time.
 2. Family Residence Change: the student transfers from one public school district attendance area to another public school district attendance area at any time during the calendar year in which there is a change of residence and occupancy in Minnesota by the student's parents. If the student's parents move from one public school district attendance area to another public school district attendance area, the student will be eligible in the new public school attendance area or a non-public school if the student transfers at the same time the student's parents move.
If the parents move from one public school district attendance area to another, the student shall continue to be fully eligible if the student continues enrollment in the prior school for the balance of the current marking period or for the balance of the academic school year. If the student elects either of the current enrollment options above, the student will be fully eligible upon transfer to the new school.

A student who elects not to transfer upon a parent's change in residence shall continue to be eligible at the school in which the student is currently enrolled.

3. Court Ordered Residence Change for Child Protection: the student's residence is changed pursuant to a child protection order placement in a foster home, or a juvenile court disposition order.
4. Custody of Student: a student of legally divorced parents who have joint physical custody of the student may move from one custodial parent to the other custodial parent and be fully eligible at the time of the move. The student may utilize this provision only one time during grades 9-12 inclusive.
5. Move from Out of State: if a student's parents move to Minnesota from a state or country outside of Minnesota and if the student moves at the same time the parent establishes a residence in a Minnesota public school district attendance area, the student shall be eligible at the first school the student attends in Minnesota.
6. Enrollment Options Program: a student who utilizes Minnesota Statute 124D.03 Enrollment Options Programs, and transfers without a corresponding change of residence by the student's parents shall elect one of the following:
 - a. retain full eligibility for varsity competition for one (1) calendar year at the school where the student was enrolled prior to the transfer after which time the student

shall become fully eligible at the school to which the student has open enrolled; or

b. be eligible only at the non-varsity level in the school to which the student has open enrolled for one (1) calendar year.

C. If none of the provisions in Section 2 (above) are met, the student is ineligible for varsity competition for a period of one (1) calendar year beginning with the first day of attendance in the new school.

1. Students are immediately eligible for competition at the non-varsity level.
2. A student may not obtain eligibility as a result of a transfer. If at the time of transfer the student was not fully eligible in the previous school, the student shall be ineligible in the new school. A student who was not in good standing at the time of transfer shall be ineligible until the penalty from the previous school has been served.
3. Each time a student transfers and the conditions of the transfer do not meet any of the provisions of Bylaw 111.2.A., the student will be ineligible for varsity competition for a period of one (1) calendar year beginning with the first day of attendance at the new school. For example, if a student, while serving a one-year transfer suspension, transfers to another school and none of the provisions of Bylaw 111.2.A. are met, an additional one-year suspension will be applied. The student will begin serving the additional one-year suspension immediately following the completion of the previous one-year suspension.

20. *MOOD-ALTERING CHEMICALS

A. Bylaw

Twelve (12) months of the year, a student shall not at any time, regardless of the quantity: (1) use or consume, have in possession a beverage containing alcohol; (2) use or consume, have in possession tobacco; or, (3) use or consume, have in possession, buy, sell, or give away any other controlled substance or drug paraphernalia.

1. The bylaw applies continuously from the first signing of the student Eligibility Brochure.
2. It is not a violation for a student to be in possession of a controlled substance specifically prescribed for the student's own use by her/his doctor.

B. Penalty:

1. First Violation: After confirmation of the first violation, the student shall lose eligibility for the next two (2) consecutive interscholastic contests or two (2) weeks of a season in which the student is a participant, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program.
2. Second Violation: After confirmation of the second violation, the student shall lose eligibility for the next six (6) consecutive interscholastic contests in which the student is a participant or three (3) weeks, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program.
3. Third and Subsequent Violations: After confirmation of the third or subsequent violations, the student shall lose eligibility for the next twelve (12) consecutive interscholastic contests in which the student is a participant or four (4) weeks, whichever is greater. If after the third or subsequent violations, the student has been assessed to be chemically dependent and the student on her/his own

volition becomes a participant in a chemical dependency program or treatment program, then the student may be certified for reinstatement in MSHSL activities after a minimum period of six (6) weeks. Such certification must be issued by the director or a counselor of a chemical dependency treatment center.

4. Penalties are progressive and consecutive.

5. **Denial Disqualification: A student shall be disqualified from all inter-scholastic athletics for nine (9) additional weeks beyond the student's original period of ineligibility when the student denies violation of the rule, is allowed to participate and then is subsequently found guilty of the violation.**

21. *SEXUAL/RACIAL/RELIGIOUS HARASSMENT/ VIOLENCE and HAZING

A. Reference Bylaw 209.00:

A student shall not engage in the sexual, racial, religious harassment, violence or hazing during the school year or any portion of an activity season that occurs prior to the start of the school year or after the close of the school year.

B. Reporting Procedures:

1. Any person who believes he or she has been the victim of sexual, racial, religious harassment, violence or hazing or any person with knowledge or belief of conduct, which may constitute hazing, shall report the alleged acts immediately to an appropriate school district official designated by this policy.
2. The building principal is the person responsible for receiving reports of sexual, racial, religious harassment, violence or hazing at the building level. Any person may report hazing directly to a school district human rights officer or to the superintendent.
3. Teachers, administrators, officials, volunteers, and employees of the school district shall be particularly alert to possible situations, circumstances or events which might include sexual, racial, religious harassment, violence or hazing. Any such person who receives a report of, observes, or had other knowledge or belief of conduct, which may constitute sexual, racial, religious harassment, violence or hazing, shall inform the building principal immediately.
4. Submission of a good faith complaint or report of sexual, racial, religious harassment, violence or hazing will not affect the complainant or reporter's future employment, grades or work assignments.

C. Reprisal

The school district will discipline or take appropriate action against any student, teacher, administrator, volunteer, coach, official contractor or employee of the school district who retaliates against any person who makes a good faith report of alleged sexual, racial, religious harassment, violence or hazing or against any person who testifies, assists, or participates in an investigation, or against any person who testifies, assists or participates in a proceeding or hearing relating to such sexual,

racial, religious harassment, violence or hazing. Retaliation includes, but is not limited to, any form of intimidation, reprisal or harassment.

D. Penalties for Category I Activities:

1. First Violation: the student shall lose eligibility for the next two (2) consecutive interscholastic contests or two (2) weeks, 14 calendar days, of a season in which the student is a participant, whichever is greater. *Recommendations: 1) It is recommended that the school develop a local education program through which the student would receive information about sexual, racial, religious harassment, violence or hazing. 2) It is recommended that, when appropriate, the school refer a student to a community agency or a professional individual outside the school for counseling.*
2. Second Violation: the student shall lose eligibility for the next six (6) consecutive interscholastic contests or three (3) weeks, 21 calendar days, whichever is greater, in which the student is a participant. *Recommendation: It is recommended that before being re-admitted to activities following suspension for the second violation, the student shall show evidence in writing that the student has received counseling from a community agency or professional individual such as a school counselor, medical doctor, psychiatrist, or psychologist.*
3. Third or Subsequent Violations: the student shall lose eligibility for the next twelve (12) consecutive interscholastic contests or four (4) weeks, 28 calendar days, whichever is greater, in which the student is a participant.

4. Penalties are progressive and consecutive.

E. Penalties for Category II Activities:

Each member school shall develop penalties that it will apply to the participants in these activities. A current copy of the member school's policy shall be kept on file in the member school.

- 22. SERVING AN MSHSL PENALTY** — a student must be a student in good standing, and able to be placed in the game, meet or contest except for the penalty being served. (Students who are not in good standing due to suspension, expulsion, injury, illness, family vacations, etc are not able to be placed in a game, meet or contest and are therefore not able to count those contests toward the penalty).

* Denotes rules applicable to cheerleaders

Revised 4-15-10

2010-2011 MSHSL ATHLETIC ELIGIBILITY STATEMENT

Statement to be signed by the participant from a MSHSL member school and by the participant's parent or guardian

- I have read, understand, and acknowledge receiving the 2010-2011 Athletic Eligibility Brochure, which contains only a summary of the eligibility rules of the Minnesota State High School League. I understand that a copy of the Official Handbook of the MSHSL is on file with the senior high school athletic director and or principal and that I may review it, in its entirety, if I so choose. The Official Handbook and MSHSL bylaws are also posted on the MSHSL Web site: www.mshsl.org under Handbook.
- I understand that once I sign the eligibility statement all eligibility rules apply:
 - Twelve (12) months of the year;
 - Whether I am currently participating or not;
 - Continuously from the first signing of the statement through the completion of my high school eligibility.
- I further understand that a member school of the MSHSL must adhere to all of the rules and regulations that pertain to the League athletic activities a school may sponsor and that local rules may be more stringent, and penalties more severe, than MSHSL rules.

STUDENT CODE OF RESPONSIBILITIES

- As a student participating in my school's interscholastic activities, I understand and accept the following responsibilities:
 - I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
 - I will be fully responsible for my own actions and the consequences of my actions.
 - I will respect the property of others.
 - I will respect and obey the rules of my school and the laws of my community, state and country.
 - I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

A student whose character or conduct violates the Student Code of Responsibilities or is suspended or expelled is not in good standing and is ineligible for a period of time as determined by the principal. While a student not in good standing, a student may not serve any penalty for MSHSL Bylaw violations.

- **Informed Consent:** By its nature, participation in interscholastic athletics includes risk of injury and the transmission of infectious diseases such as HIV, Herpes and Hepatitis B and others. Although serious injuries are not common and the risk of HIV transmission is almost nonexistent in supervised school athletic programs, it is impossible to eliminate all risk. Participants have the responsibility to help reduce that risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily. **PARENTS, GUARDIANS OR STUDENTS WHO MAY NOT WISH TO ACCEPT THE RISK DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS FORM. STUDENTS MAY NOT PARTICIPATE IN AN MSHSL-SPONSORED ACTIVITY WITHOUT THE STUDENT'S AND PARENT'S/GUARDIAN'S SIGNATURE.**
- I consent to the athletic trainer or coach treating injuries and authorize them to discuss those injuries with and release any applicable medical information or records relating to those injuries to coaches, school staff and other qualified health care providers as deemed necessary within their scope of practice.
- I further understand that in the case of injury or illness requiring transportation to a health care facility, that a reasonable attempt will be made to contact the parent or guardian in the case of the student-athlete being a minor, but that, if necessary, the student-athlete will be transported via ambulance to the nearest hospital.
- By signing this we acknowledge that we have read the information contained in the Athletic Eligibility Brochure and Statement.

The student/parent authorizes the release of documents and other pertinent information by the school in order to determine student eligibility. In addition, the student/parent understands and agrees that public information shall include names and pictures of students participating in or attending extra-curricular activities, school events, and High School League activities or events.

Student's Printed Name

Birth Date

Grade in School

Student's Signature

Date

Parent's or Guardian's Signature

Date



Varsity Boys and Girls Basketball



Practice is held five days per week, Monday through Friday, generally from 5:00 – 7:00 p.m., but there is the possibility of morning practices. The girls will start practice on Monday, November 14, and the boys on Monday, November 21. Most games are played midweek with the potential for postseason opportunities. There is also the possibility of the formation of a Junior Varsity (JV) team. This will depend on the number of athletes and grades that sign up for basketball. A tentative schedule is available at emaconference.org.

7th & 8th Grade

Boys and Girls Basketball



Practice is held after school approximately three times per week, Monday through Friday, November 7 — March 1. Games are played midweek beginning on approximately December 6, with the potential for postseason opportunities. Grades may be combined to form teams. Parents are responsible for transportation to and from practice and games. The game schedule will be determined based on the number of athletes and teams and will be available on approximately November 1.

4th, 5th & 6th Grade

Boys and Girls Basketball



Practice is held after school approximately two times per week, Monday through Friday, November 7 — March 1. Games are played on Saturdays beginning on approximately December 3, with the potential for postseason opportunities. Grades may be combined to form teams. Parents are responsible for transportation to and from games. The game schedule will be determined based on the number of athletes and teams and will be available on approximately November 1.

2nd & 3rd Grade

Boys and Girls Basketball



Practice is held during school hours approximately two times per week, Monday through Friday, beginning Monday, November 7. There will also be one short practice after school one day per week. Games are played on Saturday beginning in January. Grades may be combined to form teams. Parents are responsible for transportation to and from games. The game schedule will be determined based on the number of athletes and teams and will be available on approximately November 1.